

A to Z

PRODUCT GUIDE

This practical, easy-to-use product guide provides information and facts about our products. It explains why each product is important and why GNLD is your best choice.

Please note that all products are not sold in all the Northern European countries. The price lists for the individual countries show which products are available in each region.

PRODUCT	WHAT DOES THIS PRODUCT DO? Why you need this product	THE GNLD DIFFERENCE Why GNLD is your best choice
<p>Acidophilus Plus Food supplement 60 capsules</p>	<p>Your body contains 400 types of beneficial and potentially harmful bacteria. Natural microorganisms known as lactobacilli live in our gastrointestinal tract, where they help maintain a natural balance and use lactose to produce lactic acid. Some people are allergic to lactose. Fermented milk products contain less lactose, because the lactic acid bacteria produce enzymes that break down lactose.</p> <p>These beneficial lactic acid forming bacteria also stimulate the production of vitamin B and K and prevent the growth of undesirable microorganisms. Normal levels of these lactobacilli can be disrupted by factors such as poor diet, illness, diarrhoea and antibiotics.</p>	<p>Based on unrefined foods. Contains beneficial bacteria, isolated from fermented milk cultures, to maintain a healthy balance of microorganisms in the gastrointestinal tract.</p> <p>A broad spectrum. Contains five different types of lactobacilli: Lactobacillus acidophilus, Lactobacillus bulgaricus, Lactobacillus casei, Bifidobacterium bifidum and Streptococcus thermophilus.</p> <p>Concentrated. Contains the same amount of beneficial bacteria as several portions of yoghurt or acidophilus milk.</p> <p>Guaranteed efficacy. Each capsule delivers 5 billion live microorganisms to your intestines.</p> <p>Made from live cultures. A specially developed protection system ensures that the largest possible number of live microorganisms reach your intestines and survive the acid conditions in your stomach.</p>
<p>All C Vitamin tablets 120 chewable tablets</p>	<p>Vitamin C is a natural nutrient that the body cannot store. For this reason, vitamin C should be taken every day to maintain good health. Vitamin C has been studied for many years, and is considered a vital nutrient. For instance, it is required for the production of collagen, part of the “cell cement” that keeps the body together and forms the structure of our muscles, skeleton and cardiovascular system.</p>	<p>Provides vitamin C. Contains substances found naturally in citrus fruits.</p> <p>Contains bioflavonoid complex. Found naturally in citrus fruits, this substance facilitates the absorption of vitamin C.</p> <p>Delicious orange flavour. Contains real orange juice.</p> <p>Easy to chew. An easy way to ensure a daily supply of vitamin C.</p>
<p>Aloe Vera Plus Aloe Vera drink 1 litre</p>	<p>For centuries, aloe vera has been used as a natural health and beauty supplement. Use of the aloe vera plant is well-documented in many cultures. The aloe vera gel used in this drink is a unique combination of monosaccharides, enzymes, water and specific amino acids. A special blend of herbs has been added for optimum flavour.</p>	<p>Aloe Barbadosensis, grown in the USA. The aloe vera gel in this drink is made from the finest of all aloe vera varieties.</p> <p>Sweetened with fructose, a monosaccharide with special sweetening properties, for a delicious flavour.</p> <p>Alain-free. The aloe vera gel contains no alain.</p> <p>Flavoured with a special blend of herbs. Aloe Vera Plus has a fresh flavour of camomile, lemon and ginseng. This blend of herbal teas has the sole function of providing a fresh flavour.</p>
<p>Betaguard Food supplement 100 tablets</p>	<p>Antioxidants protect our cells and tissues from the harmful oxidation caused by pollutants in water, air and food. People living in polluted environments are constantly subject to free radicals attacking their cells, which forces the antioxidants in their body and the antioxidants’ enzyme system to work constantly.</p>	<p>Broad spectrum of antioxidants, beta-carotene and vitamin E. Protect the fatty components of our cells and tissues.</p> <p>Vitamin C and selenium. Safeguard the liquid content of our cells and tissues.</p> <p>Zinc and copper. Aid the body’s natural detoxification process.</p> <p>Contains carotenoids found in the natural human diet.</p> <p>Easy to swallow.</p> <p>Dr. Arthur Furst (1914–2005), world-famous cancer researcher and toxicologist and emeritus member of the GNLD SAB, developed this product.</p>

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<p>Carotenoid Complex Food supplement 90 capsules</p>	<p>Research shows that a diet rich in carotenoids, the natural colouring in many fruits and vegetables, may have positive effects on our health. Carotenoids help protect the fatty substances in our cells, and can delay some of the degenerative effects of ageing. There are over 600 known carotenoids. It appears they are the most effective when taken together.</p>	<p>Whole food ingredients. Our exclusive combination of carotenoid-rich concentrates comes from whole tomatoes, carrots, spinach, red pepper, strawberries, apricots and peaches, plus pure olive oil. Vitamin E (alpha tocopherol). Safeguards nutrients against oxidation. Natural lecithin. Contains pure lecithin from soy oil to optimise the nutrients' stability. Easy-to-swallow capsules. Each capsule contains the whole spectrum of carotenoids in a normal portion of fruit and vegetables. Contains no flavourings or sweeteners.</p>
<p>Cruciferous Plus Food supplement 60 tablets</p>	<p>Research suggests that cruciferous vegetables, if eaten regularly, have protective properties. Many international organisations recommend daily consumption of cruciferous vegetables. Isothiocyanates derived from cruciferous vegetables, with indole carbinols, terpenes and chalcones, are capable of reducing the negative effects of many chemical substances found in our body and the environment by neutralising and eliminating undesirable molecules.</p>	<p>Broad spectrum. A supplement rich in vegetable extracts from the cruciferous family. Exclusive mixture of cruciferous vegetables. This GNLD supplement has an exclusive composition including broccoli, radish, kale, black mustard, brown mustard and watercress. Cruciferous Plus also contains nutritious extracts from oranges, liquorice root and soy beans. Balance. Every Cruciferous Plus tablet contains 3 mg of vitamin E. Easy to swallow. The supplement comes in easy-to-swallow tablets. Contains no flavourings or sweeteners.</p>
<p>Flavonoid Complex Food supplement 60 tablets</p>	<p>Research suggests that a diet rich in flavonoids, one of the natural sources of the strong colours in many fruit and vegetables, offers various health benefits. Flavonoids interact with vitamin C to increase protection against oxidation in the water-based part of our cells, and can delay some of the degenerative effects of aging. Although some bioflavonoids are relatively well-known, 4,000 unique flavonoids exist. It appears they are the most effective when taken together.</p>	<p>Water-soluble antioxidants. This is a wide-spectrum supplement. It contains natural flavonoids just as they are found in fruit and vegetables. Whole food ingredients. Made from a mixture of natural extracts and concentrates rich in flavonoids derived from cranberries, kale, green tea (caffeine-free), beetroots, red and black grapes, oranges, lemons and grapefruit. Also contains vitamin C to aid absorption. Provides the key flavonoids. Flavonoid Complex has been tested to guarantee a specific flavonoid profile. Convenient dosage. Each tablet provides the entire water-soluble antioxidant profile of an optimum portion of flavonoid-rich fruits and vegetables.</p>
<p>Formula IV Food supplement 100 capsules</p>	<p>Vitamins and minerals are vital nutrients. Along with lipids, sterols and proteins, they regulate the absorption of nutrients on cell level. Imbalances between them can impair the normal cell function and make us feel unduly tired.</p>	<p>More than just a multivitamin. A unique formula comprising vitamins, minerals, proteins, lipids and sterols. This formula provides the main water-soluble and fat-soluble vitamins. A natural, complete food supplement. This product is based on Tre-en-en, a whole grain concentrate. Gelatin capsules. Easy-to-swallow, quick-dissolving tablets, for maximum absorption.</p>

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<p>Formula IV Plus Food supplement Multi 60 tablets + Tre-en-en 60 capsules</p>	<p>Research continue to confirm, there's more to nutrition than just the classic vitamins and minerals. As important as these nutrients are to optimal health, we're also learning that phytonutrients, enzymes, trace minerals and others play equally important roles. The original Formula IV, developed in the 1950s, was the first multifactor food supplement to provide vitamins, minerals and phytonutrients, such as important lipids and sterols. Formula IV Plus continues the tradition of nutritional excellence with an Iron Free formulation that also provides additional mineral support, including a great part of the DV for zinc. Formula IV Plus also provides more Tre-en-en grain concentrates, which during decades have provided people throughout the world with nutritional assurance.</p>	<p>Exclusive Tre-en-en grain concentrate. Wide spectra Multifactor food supplement: Important vitamins and minerals plus essential lipids and sterols for optimal cellular nutrition. The ability of Tre-en-en to make the cell membrane soft and impenetrable makes it easier for the body to assimilate the vitamins and nutrients in an efficient way. No Iron Increased amount of Zink: important for many vital body functions. Deliver Chromium and Selenium: Important trace minerals, almost lost in our refined foods. Convenient and hygienic: Available in convenient blister packaging with a two month supply.</p>
<p>Garlic Allium Complex Food supplement 60 tablets</p>	<p>Allium vegetables (garlic, onions, chives, leeks etc.) have been used around the world for thousands of years as food, seasonings and natural remedies. Studies show that allium vegetables can be good for you.</p>	<p>Contains garlic, onion, chives and leek. Guaranteed allicin content. Each dose provides 4.2 mg of allicin from highly concentrated garlic extract. This equals the content of one fresh garlic clove. Broad spectrum of bioactive ingredients. Several sulphurous compounds and nutrients interact to produce a wide range of benefits. Unique technology. A special outer coating ensures that active allicin reaches the intestines. No trace of garlic in your mouth or on your breath.</p>
<p>Kal-Mag Plus D Mineral tablets 180 tablets</p>	<p>Calcium is the basic building material for our bones and teeth. Calcium is also vital for our growth and muscle function and for the transmission of nerve impulses. Magnesium is an essential component in our muscles, and contributes to hundreds of different enzyme reactions.</p>	<p>Pure pharmaceutical calcium carbonate, nutritious and highly soluble. Double benefit. Combines calcium and magnesium for increased dietary effect. High dose in a proportion of 3 to 1. Three Kal-Mag tablets provide 450 mg of calcium with 225 mg magnesium, for optimum effect.</p>
<p>Multi Food supplement 60 tablets</p>	<p>The human body needs a wide variety of nutrients for optimum function. Today's modern food often lack the nutritional density and variety necessary for maintaining good health. Moreover, modern food refinement methods can upset our nutritional balance by stripping many vital nutrients and trace elements.</p>	<p>Wide-spectrum formula. A unique formula provides a broad range of key vitamins, vital minerals and trace elements necessary for optimum physical function. All the ingredients interact to compensate for any lapses in our diet. One tablet a day provides an abundance of the vitamins and minerals the body need every day to provide optimum nutrition for the cells. Iron-free, for people whose diet already contains sufficient iron.</p>
<p>Nutrishake Protein drink 400 g/20 portions</p>	<p>A natural drink containing a perfect blend of high quality proteins along with calcium, a vital mineral, to provide a complete dietary supplement. A delicious, low-calorie snack for the whole family offering a perfect balance of nutrients.</p>	<p>Proteins. Helps you reach the recommended daily amount of proteins. Naturally sweetened. Sweetened with fructose. Contains an effective combination of proteins. Four delicious flavours: strawberry, chocolate, coffee and vanilla. Quick and light. Just mix it with milk or juice. Tastes great. An excellent supplement the whole family will love.</p>

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<p>Omega-3 Food supplement 100 capsules</p>	<p>Research shows a link between healthy cardiovascular function and regular consumption of fish rich in omega-3 fatty acids, EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). EPA and DHA, derived from oil of cold water fish, can have beneficial effects on blood fats and reduce the density of lipoproteins. Omega-3 fatty acids can also have other benefits, such as improving carbohydrate metabolism.</p>	<p>Pure salmon oil. The natural oil highest in omega-3 fatty acids. Selected salmon. The salmon used are healthy and specially selected for human consumption. No risk of toxin build-up. Which can be a danger with certain types of fish. Balanced levels of EPA and DHA in the same proportions as found in natural salmon. The content of omega-3 fatty acids in three capsules correspond to an optimal portion of fresh salmon: 340 mg of EPA and 260 mg of DHA. Easy-to-swallow capsules. Soft, easy-to-swallow gelatin capsules.</p>
<p>Omega-3 Salmon Oil Plus Food supplement 90 capsules</p>	<p>Today the latest scientific research not only continues to validate the important roles of EPA and DHA in human health, but it has also shown that there is a whole family of omega-3 fatty acids, a total of eight in all. Tuna for example contains a higher amount of DHA and DPA and anchovy and sardines contain higher amounts of EPA and ETA than most other fish. Research has shown that DHA and other related omega-3 fatty acids are more important to our general health than was assumed before.</p>	<p>A complete omega-3 supplement. The first supplement of its kind to assure a standardized amount of all eight members of the omega-3 family. Omega-3 Salmon Oil Plus is based on natural, pure salmon oil providing all the advantages from one of nature's richest sources of omega-3 fatty acids. Unique technology. Molecular differentiation is the latest technique to separate specific molecules from nutrients in tuna, sardine and anchovy and at the same time delete or lower the amount of other, not wanted, molecules. High quality. Only, the finest, top-quality, health-screened fish is selected. All sources are screened for more than 160 potential contaminants with an allowable detection limit of zero. Potency guaranteed. Delivers 460 mg EPA, 480 mg DHA, 50 mg DPA and 80 mg mixed omega-3 fatty acids with every 3-capsule serving.</p>
<p>Pro Vitality Pack Food supplement 30 Sachets</p>	<p>All over the world health problems related to incorrect diet and overweight are increasing. Many people don't get the nutrition they need through their diet. Without correct nutrition, energy and vitality can be lost. Therefore everyone should increase consumption of whole-grain foods, fruits and vegetables, and foods rich in omega-3 fatty acids – and maintain a healthy weight. But even those with good intention to eat a healthy diet face challenges. Busy lifestyles, eating on-the-run and the prevalence of processed foods all contribute towards nutritional gaps that would benefit from nutritional supplements.</p>	<p>Pro Vitality helps fill in the important nutrient gaps when we are not eating as well as we should be. It helps energizing our cells, can help strengthening our immune system and maximize good health. Whole-food nutrition clinically proven to strengthen the foundation for health and vitality. Includes three scientifically-proven products: Tre-en-en Grain Concentrates, Carotenoid Complex and Omega-3 Salmon Oil Plus, providing key nutrients from whole grains, fruits and vegetables and fish. Convenient on-the-go packets. Provides powerful nutrients that support: <ul style="list-style-type: none"> - Cellular health - Abundant energy - Immune Strength - Youthful skin, hair and nails - Powerful Antioxidant Protection </p>
<p>Sustained Release Vitamin C Vitamin tablets 120 tablets</p>	<p>Vitamin C is a natural nutrient the body cannot store meaning it must be taken daily to maintain good health. What's more, some people may need larger doses of vitamin C to counteract the effects of negative lifestyle factors such as stress and smoking.</p>	<p>Contains citrus bioflavonoid complex. Whole dried citrus concentrates containing juice, vitamin C, bioflavonoid complex and other nutrients naturally found in citrus fruits. Sustained release. Gradually releases vitamin C into your body over a period of 6-8 hours. Contains acerola and rosehips. Acerola (a fruit that resembles cherries) and rosehips (the firm fruit at the base of the dog rose flower from the Rosaceae family) are two of the richest sources of natural vitamin C. Provides vitamin C just like nature intended. Contains vital nutrients found naturally in whole citrus fruits.</p>

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<p>Tre-en-en Food supplement 60 tablets 120 tablets</p>	<p>When cereal is refined, each grain is stripped of its nutrient-rich outer layers meaning that the nutrients vital to our cell function, i.e. lipids and sterols, are largely eliminated from our staple foods (white flour, white rice). Soy beans contain essential lipids and sterols required to keep our cells healthy.</p>	<p>A complete lipid and sterol profile from wheat germ, rice bran and soy beans. Nutritious phytonutrient extract provides vital nutrients required for healthy cells. Natural chlorophyll-coloured, soft gelatin capsules protect the quality of the nutrients and are easily digested. Cold-pressed and cold-processed to preserve nutritional properties.</p>
<p>Vita-Squares (chewable) Food supplement 180 tablets</p>	<p>A solid nutritional foundation is important for children to build upon for a lifetime of good health. Yet, the diets of children and adolescents are often poor because of inadequate consumption of fruits, vegetables, and whole grains and excessive consumption of highly processed, sugary and fatty foods. The diets lack several essential nutrients such as iron, vitamins A, C and E, zinc, niacin, vitamin B6 and folic acid. Dietary fats, known as lipids and sterols, which influence nutrition at the cellular level, are also important. Lipids and sterols can help support a healthy cellular uptake of nutrients and cellular export of waste and metabolites. As children grow, their bodies continually build new cells, which form tissue, bones, blood, muscles and nerves. This multiplies their needs for complete nutrition. With such a demand by the body for high-level nutrition, even a seemingly healthy diet will often have nutritional gaps.</p>	<p>Complete vitamin and mineral support specially designed to meet the needs of children from the time they can comfortably chew a tablet. Includes Tre-en-en Grain Concentrates, exclusive to GNLD providing important lipids and sterols. Chewable tablets with great tasting flavour derived from all-natural fruit essences. Contains no artificial flavours, colours or preservatives. Naturally sweetened with fructose, glucose and dextrose and fruit (apple and grape) juice concentrates. Contains no sucrose or synthetic sweeteners.</p>
<p>Wheat Germ Oil with Vitamin E Food supplement 100 capsules</p>	<p>The nutrients in the vitamin E family are a vital group of antioxidants. In particular, they strengthen the fatty membranes of our nerves, muscles and cardiovascular system. This specific family of vitamins is also essential for our skin. New research shows that vitamin E is vital to a healthy diet.</p>	<p>Genuine cold-pressed wheat germ oil. The richest source of vitamin E. Contains the entire vitamin E family. Provides natural tocopherols and tocotrienols. High quality. Wheat germ oil is the most important source of vitamin E. One capsule contains 10 mg of vitamin E. Easy-to-swallow capsules.</p>
<p>GR2 Control fiber Supplement 84 tablets</p>	<p>Hunger and satiety are controlled by a network of neural, physical, and psychological factors. Activating the “satiety signals,” which tell the brain the body is satisfied, can help one take in less food. Receptors in the digestive tract actually “learn” to feel full. Unfortunately, while these receptors can be triggered naturally, without stimulating the central nervous system, many commercial diet plans’ appetite suppressants are formulated with potentially harmful ingredients. Fiber plays an important role in carbohydrate metabolism by delaying gastric emptying and slowing carbohydrate release into the bloodstream. This helps minimizing the insulin response, which if left ignored can spike and plummet at unhealthy intervals.</p>	<p>Contains glucomann (Konjac flour) which expands up to 50 times its weight in water, along with five other natural sources of fiber. Exclusive formula works with the body to create the feeling of fullness on fewer calories. Helps re-program the biochemical signal control network by re-setting satiety signals. Helps control glycemic response by slowing carbohydrate release into the bloodstream, thereby encouraging the body to burn fat for fuel, instead of placing it in storage. Convenient. Taken 20-30 minutes before mealtime, two tablets provide hunger-curbing fullness and satisfaction on less food. No added sodium, sugar, or other sweeteners. Zero calories per serving. No artificial colors, flavors, or preservatives.</p>

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<p>GR2 Control Meal Replacement Protein Shake Vanilla Whisper/18 oz. Chocolate Dream/18 oz.</p>	<p>Being 20% (or more) over your ideal weight as recommended by height/weight charts has been linked to increased risk of high blood pressure, diabetes, certain types of cancer, osteoarthritis, gallstones, and heart disease. Being overweight by even a few pounds can also lead to a host of physical and psychological challenges. Unfortunately, even when people cut down on calories, they still may not lose pounds if they're eating high glycemic response foods which set people up for weight gain. Scientists have concluded that if one could control his/her glycemic response to foods, one could control the way the body uses energy and creates and stores fat.</p>	<p>Clinically tested and proven to control clycemic response which helps to minimize fat storage and increase the amount of fat the body burns. Unique high-protein/low-carbohydrate formulation supports body's protein needs while helping to keep hunger cravings in check. Contains "glycemic edge" carbohydrates for lasting energy. Provides all 22 amino acids involved in human nutrition. Mixes in milk. Delicious and satisfying. Two fantastic flavors: Chocolate Dream and Vanilla Whisper.</p>
<p>GR2 Control Herbal Complex 42 tablets</p>	<p>Successful weight loss involves the synergy of multiple body processes, like metabolism and energy utilization. Additionally, the act of losing weight can tax the body, resulting in a reduced feeling of wellness, such as sluggishness, tiredness, and irritability. Additionally water retention and hunger can be hindrances when dieting. Components in certain foods can support the body's natural energy production process. Specific combinations of herbs also enhance energy levels and increase the body's metabolic rate. Unfortunately, many commercial formulas contain potentially harmful central nervous system stimulants to accomplish this.</p>	<p>Developed from real world clinical experience with herbal formulas. Comprehensive formula provides the broad, synergistic effects of the herbal constituents, which optimizes their ability to support successful weight loss. Herbs carefully selected from many global traditions, bringing the best herbal knowledge from around the world. Contains Brindall Berry, which has been shown to help stabilize appetite and inhibit lipid and cholesterol synthesis. Contains Green Tea and Cayenne, which have been shown to increase energy utilization. Contains Dandelion Leaf, which has been shown to help reduce water retention. Guaranteed purity, potency, and consistency. 100% natural herbal formula contains no animal products. No central nervous system stimulants.</p>
<p>Disinfectant 1 litre</p>	<p>Today, we know that many areas need to be cleaned with both a cleaner and a disinfectant. The ideal cleaning product would be a combined cleaner and disinfectant.</p>	<p>Cleans and disinfects. Can be used at home in hospitals and factories. Eliminates harmful microorganisms. Include disinfectant properties that destroy various bacteria, microbes and fungi. Convenient and economical. This product should be diluted 1:100 or 1:200. Use disinfectant safely. Always study the label and product description before use.</p>
<p>Fantastik Floor polish 1 litre</p>	<p>On most floors, wax is used for a shiny finish. But it has an additional function: wax also protects the surface. Fantastik will make your floor both shiny and durable.</p>	<p>Suitable for most floor surfaces, such as linoleum, plastic, vinyl, marble, clinker tiles and treated wood. Contains polymers, a substance developed through modern technology to protect your floor. Durable. Using Fantastik on your floors will make them scratch-resistant and durable. Non-flammable. Water-based composition. Contains natural carnauba wax to give your floor a shiny finish.</p>
<p>Fresh Air freshener 200 ml</p>	<p>Eliminates unpleasant odours.</p>	<p>Works fast thanks to its quick absorption capacity. Environmentally friendly. Pump spray. Contains natural fragrances. Concentrated. A small amount of this product goes a long way.</p>

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G1 Washing detergent 69 dl	<p>Washing detergent is an everyday product in all families. The market abounds with products that can make your washing brilliantly clean and fragrant. But it may be harder to find suitable products that are highly concentrated.</p>	<p>Concentrated. Only a small amount of this product is needed for your wash. Works at different temperatures. This product is designed to work at different temperatures. Efficiently removes almost all stains, even the most stubborn ones. Easy to rinse. Leaves no traces on your washing.</p>
Lemon Glo Furniture polish 500 ml	<p>Today, dust, dirt and finger marks are easily removed with specific products. But removing the dust is not enough to protect your furniture. Some products both remove dust and protect your furniture, keeping it clean and shiny and increasing its durability</p>	<p>3-phase system. Cleans, protects and keeps furniture shiny. Water-repellent. Increases the normal water-repellent properties of treated wood. Concentrated. Only a small amount is required. Alcohol-free. Non-flammable. Contains real lemon oil. Leaves a fresh fragrance.</p>
LDC Washing-up liquid, mild cleaner, liquid hand soap 1 litre 5 litres	<p>Each day, we perform a variety of cleaning jobs, such as doing the dishes, the laundry and cleaning the house. Most people buy a specific product for each job. This means buying many different bottles, which clutters our home and harms the environment.</p>	<p>Versatile. Can be diluted to various concentrations for different tasks. Neutral pH. Gentle to the skin. Rinses out thoroughly. Excellent rinsing capacity ensures that no traces are left on your dishes. Suitable for hand washing. Cleans clothes and leaves them fresh and soft. Ideal as hand soap.</p>
Soft Fabric conditioner 1 litre	<p>Besides making our washing soft, a modern fabric conditioner should interact with our ordinary washing detergent and make clothes fragrant and easy to iron.</p>	<p>Concentrated. Only a small amount is required. Pleasant, fresh fragrance. Leaves washing soft and fragrant. Facilitates ironing. Eliminates static electricity. Versatile. Suitable for both machine and hand washing. Specially designed to interact with G1.</p>
Super 10 Heavy-duty cleaner 1 litre 5 litres 10 litres 25 litres	<p>We tend to use a specific product for each separate job, meaning that we use many different products. Versatile cleaners have optimum cleaning capacity and save us space, time and money.</p>	<p>Versatile. Designed to remove all sorts of dirt from most surfaces. Concentrated. Only a small amount is required, meaning less environmental impact. Triple-active composition that penetrates, dissolves and emulsifies. This product has enjoyed over 35 years of success in European households.</p>
Nutriance Aloe Vera Gel 100 ml	<p>The beneficial properties of aloe vera have long been known from history and folk tradition, and this plant is still a favourite ingredient in skin treatments. Aloe vera boosts the skin's natural moisture barrier, soothing and softening irritated skin. Aloe vera also helps combat the effects of overexposure to the elements, and promotes smoothness and elasticity. Certain botanical ingredients interact with aloe vera to provide even stronger relief and promote healthy skin and cell renewal.</p>	<p>Exceptional relief against the effects of over-exposure to sun, wind and cold with top-quality aloe vera gel, boosted with botanical extracts from marigold, camomile, cornflower and St. John's wort. Clinically proven: lenitive effect on the skin and relief of minor skin complaints. Helps revive skin suffering from overexposure etc. Contains allantoin and cornflower to promote normal cell renewal. Clinically proven to moisturise the skin and reinforce its moisture barrier with aloe vera, linden extract and pro-vitamin B5 (panthenol). Softens skin and improves elasticity through a unique botanical composition. Helps skin maintain normal pH levels with its water-soluble composition. Clinically tested at Europe's most prestigious dermatological research unit.</p>

PRODUCT

WHAT DOES THIS PRODUCT DO?

Why you need this product

THE GNLD DIFFERENCE

Why GNLD is your best choice

Nutriance Balancing Toner 2

Toner for combination to greasy skin

200 ml

Toner completes the cleansing phase by removing all residues and dirt, especially around the hairline. Toner also soothes, firms and refreshes the skin and prepares it for the next important step: re-moisturising. Botanical ingredients help restore the skin's lipid and moisture balance and improve its elasticity, while others can protect against oxidation. Toner can also help shrink pores and beauty spots, a problem for people with combination or greasy skin. An alcohol-based toner can dry the skin and cause stinging and other discomfort.

Reduces lipid production and promotes a healthy moisture-lipid balance through a unique combination of botanical extracts: witch hazel, tormentil, white oak bark and sage.

Helps shrink pores and beauty spots with botanical ingredients.

Alcohol-free composition prepares the skin for moisturising and protection. No stinging or discomfort.

Contains green tea and rudbeckia extracts for antioxidant protection.

Promotes normal pH at the skin's surface. Clinically documented performance, verified at **Europe's most prestigious** dermatological research unit.

Step 3 in the Nutriance Synergy Cycle for combination to greasy skin. Leaves skin feeling refreshed and rebalanced.

Nutriance Enriching Conditioner

Hair conditioner

250 ml

Conditioning is a vital step to maintain healthy, shiny, manageable hair. Stress from the environment, heat styling, chemical treatment and even normal brushing and combing can break down the keratin structure that builds up your hair. This can cause split ends, bleaching and dull, dry, lifeless hair. Conditioner also prevents frizzing and hair breakage, allowing you to comb your hair while wet without tearing or breaking it. Botanical ingredients can help maintain the hair's natural lipid balance and improve volume and shine. Some conditioners can disrupt the natural pH balance of your hair and scalp.

Unique blend of conditioners that coats each hair and restores a soft appearance and feel to dry, damaged hair.

Protects against the effects of heat styling, environmental pollution and other stress factors.

Helps maintain the hair's natural lipid balance and improve volume and shine with almond extract and pro-vitamin B5 (panthenol).

A mild, easy-to-rinse conditioner that makes hair vibrant, manageable and tangle-free.

Promotes normal pH balance of hair and scalp with its unique, water-soluble composition.

Clinically tested at Europe's most prestigious dermatological research unit.

The perfect supplement to Nutriance Rich Revitalizing Shampoo.

Nutriance Enriching Moisturizer 1

Moisturiser for dry to normal skin

75 ml

Your skin contains 20 % water, which means moisture is vital to healthy skin. When your skin loses moisture, it starts looking and feeling dry. The purpose of daily moisturising is not just to add extra water to the skin's layers and reduce surface-level moisture loss. As we age, the skin's natural oil production tends to slow down, reducing its moisture storage capacity. Cell renewal also decreases, causing the skin's surface layer to dry out. Severe dehydration can also be caused by, wind, cold and unsuitable beauty products. The longer the skin goes "thirsty", the sooner it starts showing lines and wrinkles. Certain botanical ingredients have natural moisturising and protective properties. For optimum results, you should use a moisturiser suited to your skin type.

Reduces the appearance of lines and wrinkles through an exclusive combination of aloe vera gel, skin-conditioning amino acids and moisture-binding saccharides.

Increases moisture in skin cells. This has been verified through clinical tests in Europe.

Stimulates production of natural lipids in dry to normal skin and increases moisture retention and visible smoothness, with a unique combination of botanical extracts from orange blossom, eye-bright, ivy and sweet almond.

Increases moisture-lipid balance and promotes elasticity with pure avocado oil.

Contains vitamin E, green tea and rudbeckia extracts for antioxidant protection.

Promotes normal pH at the skin's surface. Clinically proven properties, verified at Europe's most prestigious dermatological research unit.

Step 4 in the Nutriance Synergy Cycle for dry to normal skin. Makes skin soft and supple.

PRODUCT	WHAT DOES THIS PRODUCT DO? Why you need this product	THE GNLD DIFFERENCE Why GNLD is your best choice
<p>Nutriance Foaming Gel Cleanser 2</p> <p>Cleanser for combination to greasy skin</p> <p>150 ml</p>	<p>Clean skin is an essential part of the skin treatment. Regular cleansing removes harmful impurities such as environmental pollution and dirt, and makes the skin look young and fresh by removing old oils that have lost their moisturising effect. But it is important to avoid cleansers that are abrasive or astringent or disrupt the skin's pH balance. Botanical ingredients promote a healthy moisture-lipid balance for different skin types. Soap, clogging ingredients and excessively strong fragrances can disturb the skin's delicate balance.</p>	<p>Three carefully selected, mild cleansing ingredients thoroughly clean combination to greasy skin without robbing essential moisture.</p> <p>Restores moisture-lipid balance and helps shrink pores through a unique combination of botanical extracts: witch hazel, tormentil, white oak bark and sage.</p> <p>Contains green tea and rudbeckia extracts for antioxidant protection.</p> <p>Oil-free and easy to rinse.</p> <p>Promotes normal pH at the skin's surface.</p> <p>Clinically proven performance, verified at Europe's most prestigious dermatological research unit.</p> <p>Discreet fragrance, will not clash with your favourite perfume.</p> <p>Step 1 in the Nutriance Synergy Cycle for combination to greasy skin. Leaves skin feeling clean and receptive.</p>
<p>Nutriance Gentle Cleansing Bar</p> <p>Compact cleansing cream</p> <p>125 g</p>	<p>Environmentally-related dirt and pollutants gradually accumulate on your skin, especially in urban and industrial environments, around smokers and in other places with unclean air. Sensitive skin needs an extra-mild, effective cleanser that thoroughly cleans the skin without stripping away its moisture-retaining lipids. People with sensitive skin may find some soaps rough and dehydrating. Other badly-structured soaps disrupt the skin's pH balance essential for a healthy complexion.</p>	<p>Clinically proven non-irritant. The perfect cleanser for people with sensitive skin.</p> <p>Mild, purifying composition that cleans and moisturises the skin.</p> <p>Abundant, creamy lather for luxurious but thorough cleansing of face and body.</p> <p>Special easy-to-rinse formula that leaves the skin soft and silky smooth.</p> <p>Helps maintain healthy pH at skin level through a unique, water-soluble formula.</p> <p>Clinically tested at Europe's most prestigious dermatological research unit.</p>
<p>Nutriance Mild Revitalizing Shampoo</p> <p>Shampoo</p> <p>250 ml</p>	<p>Your hair and scalp need regular, gentle washing to remove dust, dandruff, sweat, environmental pollutants, hairspray and other residue from hair products. Hair looks and feels best when it retains the right amount of moisture: a lack of moisture makes it hard to manage. Many products sold today are only effective for a limited number of hair types: permed and dyed hair usually requires extra-gentle cleaning, and can be difficult to manage. Some shampoos are hard to rinse out and leave soap residue that can irritate the scalp, while others can disturb the natural pH balance. Botanical ingredients help eliminate residues, while others help maintain a natural moisture balance.</p>	<p>Cleans hair gently and thoroughly without removing essential moisture, through an interactive, extra-mild multi-cleansing system.</p> <p>Helps maintain the hair's natural lipid balance and increases volume and shine with vitamin B3 (niacinamide) and pro-vitamin B5 (panthenol).</p> <p>Contains soothing botanical ingredients including aloe vera gel and camomile to create a rich, refreshing lather.</p> <p>Exceptionally mild and easy to rinse, leaving the hair vibrant and manageable.</p> <p>Helps hair and scalp maintain a healthy pH level through a water-soluble formula.</p> <p>Clinically tested at Europe's most prestigious dermatological research unit.</p>
<p>Nutriance Moisturizing Night Formula</p> <p>Night cream</p> <p>50 ml</p>	<p>During the day, various environmental factors such as sunshine, dry air and cold cause the skin's cells to dehydrate. Environmentally-related damage and age-related moisture loss can make the skin appear flaky. Mature skin loses moisture, causing fine lines and wrinkles to appear. During the night, our skin is subject to moisture-absorbing pillows and bedclothes. For some people, one daily moisture treatment is not enough. An extra treatment at night can help preserve the skin's moisture balance while we sleep.</p>	<p>Enhances the skin's natural moisture storage capacity and helps minimise visible signs of aging through a combination of aloe vera gel, hydrolysed elastin, sugar extract from seaweed and multiple emollients.</p> <p>Promotes youthful lipid levels when you deep-condition your skin with Collagen Complex and a special combination of moisturising ingredients.</p> <p>Improves structure and firmness with deep-penetrating hydrolysed elastin and water-soluble Collagen Complex.</p> <p>Helps protect the skin's supple structure from oxidation with fat-soluble, natural vitamins A (retinol) and E.</p> <p>Provides extra saturation and deep-acting moisture.</p> <p>Promotes a balanced pH at the skin surface with its water-based formula.</p>

PRODUCT

WHAT DOES THIS PRODUCT DO?

Why you need this product

THE GNLD DIFFERENCE

Why GNLD is your best choice

Nutriance Anti Aging Collagen Cream

Collagen cream

50 ml

Your skin contains 20 % water, which means moisture is vital to healthy skin. When your skin loses moisture, it starts looking and feeling dry. The purpose of daily moisturising is not only to add extra water to the skin's layers and reduce surface-level moisture loss. As we age, the skin's natural oil production tends to slow down, reducing its moisture storage capacity. Cell renewal also decreases, causing the epidermis to dry out. Severe dehydration can also be caused by sunlight, wind, cold and unsuitable beauty products. The longer the skin goes "thirsty", the sooner it starts showing lines and wrinkles. Certain skin types need more moisture than a daily moisturiser provides.

Drenches the skin with a moisture-rich blend of collagen, hydroelastin and mucopolysaccharides to rehydrate your skin cells and boost the skin's natural moisture barrier.

Increases the skin's moisture content through an exclusive combination of aloe vera gel, soluble collagen and elastin, squalene and dimeticone.

Clinical research has shown that this product significantly reduces fine lines and wrinkles.

Contains water-based botanical extracts: aloe vera gel and cucumber extracts to provide soothing moisture and help maintain a normal pH balance at the skin surface.

Contains squalene, which interacts with the oil produced by the skin's sebaceous glands and promotes youthful moisture levels.

Clinically tested at Europe's most prestigious dermatological research unit.

Goes one step beyond the Nutriance Synergy Cycle when your skin needs an extra dose of luxurious moisture.

Nutriance Moisturizing Hand & Body Lotion

Hand and body lotion

250 ml

Your skin must withstand various types of stress. Sun, wind, pollution, frequent exposure to washing-up liquid and other detergents and prolonged contact with clothes can irritate and dehydrate your skin. In summer, sunburn and exposure to chlorinated or salt water can strip away the skin's protective oils and upset its normal pH balance. Cold weather can cause chapping, irritation and dehydration, especially on your hands, which tend to get rough and red. To stay healthy, smooth and supple all year round, your skin needs daily moisture, nourishment and protection from head to toe. Botanical ingredients can soothe, nourish and vitalise the skin. Oil-based formulas can leave unpleasant, unsightly oil residues on the skin.

Combats the moisture-robbing effects of sun, wind, cold and other environmental factors by nourishing the skin with moisturising substances and reinforcing its moisture barrier with aloe vera gel, glycerine and panthenol.

Clinically proven to raise the moisture level. A sustained-action moisturiser.

Soothing camomile-extracts: bisabolol and matricaria help nourish skin and restore its healthy glow.

Easily absorbable, oil-free composition leaves the skin feeling smooth and fresh.

Nutriance Purifying Facial Scrub

Peeling cream

100 ml

Peeling is a vital step in the skin renewal process. The skin's outer layer consists of dead cells that are constantly being shed and replaced by new cells from underneath. Makeup, environmental pollutants and the normal aging process can all disrupt the normal skin renewal process. This causes a layer of dead skin cells to accumulate, making the skin look dull and dry. Regular removal of these dead cells and other dulling residues on the skin's surface aids the natural shedding of dry surface skin and promotes new cell growth. Selected botanical extracts can boost the peeling process, softening, and comforting the skin during cleansing.

Gentle cleansing through peeling with fine powder from walnut shells and cleansing agents from coconuts and witch hazel.

Increases smoothness and softness verified through clinical tests.

Contains selected botanical ingredients (aloe vera gel, camomile, witch hazel and bisabolol) to soften, and comfort the skin during cleansing.

Improves circulation, accelerates skin renewal and aids the supply of nutrients to skin cells.

Promotes normal pH at the skin's surface.

Clinically documented performance, verified at Europe's most prestigious dermatological research unit.

Step 2 in the Nutriance Synergy Cycle. Leaves your skin smooth and clean.

PRODUCT

WHAT DOES THIS PRODUCT DO?

Why you need this product

THE GNLD DIFFERENCE

Why GNLD is your best choice

Nutriance Refining Toner I

Toner for dry to normal skin
200 ml

A toner, completes the cleansing phase by removing all residue and dirt. A toner also, firms and refreshes the skin and prepares it for the next important step: re-moisturising. Botanical ingredients help restore the skin's lipid and moisture balance and improve its elasticity, while others can protect against oxidation. An alcohol-based toner can dry the skin and cause stinging and other discomfort.

Removes the last remaining impurities and traces of cleansing cream from the surface of dry to normal skin. A gentle toner that soothes and refreshes.

Stimulates skin's natural lipid production and restores the lipid and moisture balance through a unique combination of botanical extracts: orange blossom, eyebright, ivy and sweet almond.

Alcohol-free composition prepares the skin for re-moisturising and protection. No stinging or discomfort.

Increases skin's elasticity with pure avocado oil.

Contains green tea and rudbeckia extracts for antioxidant protection.

Promotes normal pH at the skin's surface.

Clinically documented performance verified at Europe's most prestigious dermatological research unit.

Step 3 in the Nutriance Synergy Cycle for dry to normal skin. Leaves skin feeling refreshed and balanced.

Nutriance Refreshing Bath & Shower Gel

Bath and shower gel
250 ml

Taking baths and showers is an essential daily ritual that both cleans and refreshes us. Modern body cleansers should wash away dirt, surface oils and sweat and leave the skin smooth and supple, without leaving soap residue that can cause itching and flaking. Unfavourable environmental factors ranging from cold to air pollution can harm the skin and cause dryness and chapping. Some body cleansers can disrupt the skin's natural pH balance, or cause even greater damage. Botanical ingredients relieve the skin, while others strengthen its natural moisture barrier.

An extra mild, multi-cleansing formula that removes dirt and dead cells and revitalises the skin.

Unique combination of botanical ingredients, including extracts of marigold, aloe vera, St. John's and lemon balm, to invigorate, soothe, protect and tone the skin.

Combats the moisture-robbing effects of exposure to the elements while strengthening the skin's natural moisture barrier with moisture-rich aloe vera, pro-vitamin B5 (panthenol) and glycerine.

Oil-free, water-soluble composition that rinses off easily and leaves the skin feeling wonderfully clean, smooth and refreshed.

Increases youthful radiance with aloe vera and provitamin B5 (panthenol), known for their smoothing and firming properties.

Promotes normal pH at the skin's surface.

Clinically tested at Europe's most prestigious dermatological research unit.

Nutriance Refreshing Facial Cleanser I

Cleansing cream for dry to normal skin
150 ml

Clean skin is an essential part of any skin treatment. Regular cleansing removes harmful impurities such as environmental pollution and dirt, and makes the skin look young and fresh by removing old oils that have lost their moisturising effect. But it is important to avoid cleansers that are abrasive or astringent or disrupt the skin's pH balance. Botanical ingredients promote a healthy moisture-lipid balance in certain skin types. Soap, clogging ingredients and strong perfumes can disturb the skin's delicate balance.

Cleanses the skin's surface with its mild, moisture-rich, creamy formula.

Aids skin's natural lipid production through a unique combination of botanical extracts: orange blossom, eyebright, ivy and sweet almond.

Improves skin's elasticity with pure avocado oil.

Contains green tea and rudbeckia extracts for antioxidant protection.

Contains no soap or clogging ingredients.

Promotes normal pH at the skin's surface.

Clinically documented performance, verified at Europe's most prestigious dermatological research unit.

Step 1 in the Nutriance Synergy Cycle for dry to normal skin. Leaves skin feeling clean and receptive.

PRODUCT

WHAT DOES THIS PRODUCT DO?

THE GNLD DIFFERENCE

Why you need this product

Why GNLD is your best choice

Nutriance Renewing Antioxidant Treatment

Antioxidant cream

50 ml

Environmental factors can be tough to your skin. What's more, as we age, the skin's moisture capacity and metabolism slow down. Damage to elastin and collagen, our skin's structural base, reduces the skin's smoothness and elasticity. Fine lines and wrinkles start appearing. Interaction between certain locally applied nutrients can help control the aging process. Botanical ingredients strengthen the skin, and the antioxidant vitamins E, C and A capture and neutralise free radicals that cause premature ageing. Applied on top of your daily moisturiser, this comprehensive skin renewal treatment can make your skin feel younger.

Clinically proven capacity to reduce fine lines and wrinkles.

Boosts skin's natural metabolism through GNLD's exclusive ACR (Activated Cellular Response), helping it looking younger.

Helps rebuild the skin's collagen and elastin structure, verified through clinical tests in Europe.

Clinically proven ability to increase the cells' antioxidant capacity. Protects against oxidation through natural fat-soluble vitamin A (retinol) and E and water-soluble vitamin C.

Contains green tea and rudbeckia extracts for antioxidant protection.

Promotes normal pH at the skin's surface with its water-soluble, oil-free composition.

Clinically documented performance, verified at Europe's most prestigious dermatological research unit.

Step 5 in the Nutriance Synergy Cycle. Leaves skin feeling youthful and supple.

Nutriance Revitalizing Moisturizer 2

Moisturiser for combination to greasy skin

75 ml

Your skin contains 20 % water, which means moisture is vital to healthy skin. When your skin loses moisture, it starts looking and feeling dry. The purpose of daily moisturising is not just to add extra water to the skin's layers and reduce surface-level moisture loss. As we age, the skin's natural oil production tends to slow down, reducing its moisture storage capacity. Cell renewal also decreases, causing the epidermis to dry out. Severe dehydration can also be caused by sunlight, wind, cold and unsuitable beauty products. The longer the skin goes "thirsty", the sooner it starts showing lines and wrinkles. Botanical ingredients have natural moisturising and protective properties. For optimum results, you should use a moisturiser suited to your skin type.

Reduces the appearance of lines and wrinkles through an exclusive combination of aloe vera gel, skin-conditioning amino acids and moisture-binding saccharides.

Increases moisture in the skin, verified through clinical tests in Europe.

Promotes healthy moisture-lipid balance and visible smoothness for combination to greasy skin with its unique, oil-free composition of botanical extracts (witch hazel, tormentil, white oak bark and sage).

Contains green tea and rudbeckia extracts for antioxidant protection.

Promotes normal pH at the skin's surface.

Clinically documented performance, verified at Europe's most prestigious dermatological research unit.

Step 4 in the Nutriance Synergy Cycle for combination to greasy skin. Makes skin soft and radiant.

Nutriance Rich Revitalizing Shampoo

Shampoo

250 ml

Your hair and scalp need regular, gentle washing to remove dust, sweat, environmental pollutants, hairspray and other residue from hair products. Hair looks and feels best when it retains the right amount of moisture: a lack of moisture makes the hair difficult to manage. Many products today are only effective for a limited number of hair types. Some shampoos are hard to rinse out and leave soap residue that can cause flaking, while others can disturb the natural pH balance of the scalp. Botanical ingredients can help eliminate dirt and environmental pollutants, while others help maintain a natural moisture balance.

Cleans hair thoroughly without robbing essential moisture, through an interactive, extra-mild multi-cleansing system. Contains natural witch hazel to help remove fat build-up.

Helps maintain hair's natural lipid balance and increases volume and shine with vitamin B3 (niacinamide) and pro-vitamin B5 (panthenol).

Effective and gentle. Revitalises and thoroughly cleans hair, but is mild enough for daily use.

Easy to rinse, leaving hair bouncy and manageable.

Helps hair and scalp maintain a healthy pH level with its water-soluble composition.

Clinically tested at Europe's most prestigious dermatological research unit.



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